

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: KST

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Reymen Rika

Coaches: Daniels Filip

Coaches: Poelmans Julie HEADCOACH

Coaches: Dirkx Evi

Coaches: Van der Eycken Ann

Coaches: Stabel Siegfried

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 14:00
Heat: 2/30 Lane : 5 Athlete: SAZONOV VICTOR			Q-time: 00:51:58
PB (25m pool): no time			PB (50m pool): 00:51.58 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 14:00
Heat: 3/30 Lane : 6 Athlete: VANDERHALLEN JISSE			Q-time: 00:46:98
PB (25m pool): no time			PB (50m pool): 00:46.98 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 14:05
Heat: 5/30 Lane : 5 Athlete: ADAMS MATHIS			Q-time: 00:40:08
PB (25m pool): 00:40.08 Antwerpen 12/10/2025			PB (50m pool): 00:41.11 SB: 00:40.08 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:40.08	
	00:40.08		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: KST

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 14:05
Heat: 5/30 Lane : 6 Athlete: REYMEN RHUNE			Q-time: 00:41:01
PB (25m pool): 00:42.51 Nijlen 16/11/2025			PB (50m pool): 00:41.01 SB: 00:42.51 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:42.51	
		00:42.51	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 14:05
Heat: 6/30 Lane : 5 Athlete: STABEL JONATHAN			Q-time: 00:38:68
PB (25m pool): 00:41.28 Kalmthout 23/02/2025			PB (50m pool): 00:38.68 SB: no time
	2 5 M	5 0 M	
PB		00:41.28	
		00:41.28	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:8, starttime: 14:10
Heat: 8/30 Lane : 2 Athlete: LEYSEN BENJAMIN			Q-time: 00:36:76
PB (25m pool): 00:36.76 Temse 17/11/2025			PB (50m pool): 00:37.48 SB: 00:36.76 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:36.76	
		00:36.76	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 14:10
Heat: 9/30 Lane : 2 Athlete: VAN MECHGELEN RUBE			Q-time: 00:36:25
PB (25m pool): 00:36.25 Herentals 17/05/2025			PB (50m pool): 00:38.49 SB: no time
	2 5 M	5 0 M	
PB		00:36.25	
		00:36.25	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: KST

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 14:10
Heat: 9/30 Lane : 3 Athlete: LEYSEN JEROEN			Q-time: 00:35:46
PB (25m pool): 00:35.85 Temse 17/11/2025			PB (50m pool): 00:35.46 SB: 00:35.85 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:35.85	
		00:35.85	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:10, starttime: 14:10
Heat: 10/30 Lane : 6 Athlete: VAN MECHGELEN ARNE			Q-time: 00:35:45
PB (25m pool): 00:37.87 Hoogstraten 29/09/2024			PB (50m pool): 00:35.45 SB: no time
	2 5 M	5 0 M	
PB		00:37.87	
		00:37.87	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:15, starttime: 14:15
Heat: 15/30 Lane : 3 Athlete: DEBONDT MATS			Q-time: 00:31:76
PB (25m pool): 00:31.79 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:31.76 SB: no time
	2 5 M	5 0 M	
PB		00:31.79	
		00:31.79	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:17, starttime: 14:15
Heat: 17/30 Lane : 4 Athlete: STABEL JASPER			Q-time: 00:30:85
PB (25m pool): 00:31.33 Temse 17/11/2025			PB (50m pool): 00:30.85 SB: 00:31.33 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:31.33	
		00:31.33	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: KST

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:20, starttime: 14:20
Heat: 20/30 Lane : 4 Athlete: BOEYKENS STIJN			Q-time: 00:29:70
PB (25m pool): 00:29.70 Antwerpen 12/10/2025			PB (50m pool): 00:29.73 SB: 00:29.70 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:29.70	
		00:29.70	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 14:35
Heat: 6/35 Lane : 6 Athlete: VAN MECHELEN LUNA			Q-time: 00:53:82
PB (25m pool): 00:53.82 Nijlen 16/11/2025			PB (50m pool): 00:58.79 SB: 00:53.82 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:53.82	
		00:53.82	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 14:35
Heat: 7/35 Lane : 6 Athlete: NIEWENWEG LENTE			Q-time: 00:51:77
PB (25m pool): 00:51.77 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:51.77	
		00:51.77	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:11, starttime: 14:40
Heat: 11/35 Lane : 3 Athlete: NIEWENWEG STERRE			Q-time: 00:46:84
PB (25m pool): 00:46.84 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:46.84	
		00:46.84	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: KST

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:16, starttime: 14:45
Heat: 16/35 Lane : 5 Athlete: VAN MECHELEN ZOë			Q-time: 00:44:25
PB (25m pool): 00:44.25 Nijlen 16/11/2025			PB (50m pool): 00:45.37 SB: 00:44.25 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:44.25	
		00:44.25	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:19, starttime: 14:50
Heat: 19/35 Lane : 1 Athlete: DIERCKX ASTRID			Q-time: 00:42:13
PB (25m pool): 00:42.13 Antwerpen 12/10/2025			PB (50m pool): 00:43.95 SB: 00:42.13 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:42.13	
		00:42.13	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:21, starttime: 14:50
Heat: 21/35 Lane : 3 Athlete: VAN GESTEL FRAN			Q-time: 00:41:02
PB (25m pool): 00:42.24 Herentals 17/05/2025			PB (50m pool): 00:41.02 SB: no time
	2 5 M	5 0 M	
PB		00:42.24	
		00:42.24	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:22, starttime: 14:50
Heat: 22/35 Lane : 4 Athlete: LAUWERS LOTTE			Q-time: 00:40:55
PB (25m pool): 00:40.55 Nijlen 16/11/2025			PB (50m pool): 00:41.27 SB: 00:40.55 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:40.55	
		00:40.55	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: KST

Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:26, starttime: 14:55	
Heat: 26/35 Lane : 2 Athlete: LAUWERS SOFIE				Q-time: 00:39:58	
PB (25m pool): 00:45.37 Geel 20/02/2022				PB (50m pool): 00:39.58 SB: no time	
	2 5 M	5 0 M			
PB		00:45.37			
		00:45.37			
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:27, starttime: 14:55	
Heat: 27/35 Lane : 6 Athlete: CAMPFORTS FIEN				Q-time: 00:39:41	
PB (25m pool): 00:39.41 Stedelijk Zwembad Geel 16/02/2025				PB (50m pool): 00:42.75 SB: 00:40.03 Nijlen 16/11/2025	
	2 5 M	5 0 M			
PB		00:39.41			
		00:39.41			
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:28, starttime: 15:00	
Heat: 28/35 Lane : 5 Athlete: BOEYKENS EMMA				Q-time: 00:38:30	
PB (25m pool): 00:37.34 Mol 20/10/2024				PB (50m pool): 00:38.46 SB: 00:38.39 Antwerpen 12/10/2025	
	2 5 M	5 0 M			
PB		00:37.34			
		00:37.34			
					

Coach feedback:

Event number: 21: 100M BACKSTROKE MEN 9-10				Heat:2, starttime: 15:10	
Heat: 2/2 Lane : 6 Athlete: LEYSEN MATHIJS				Q-time: 01:49:77	
PB (25m pool): 01:49.77 Heist-op-den-Berg 10/01/2026				PB (50m pool): no time SB: 01:49.77 Heist-op-den-Berg 10/01/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.31		01:49.77	
		00:53.31		00:56.46	
					

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: KST

Event number: 22: 100M BACKSTROKE WOMEN 9-10					Heat:2, starttime: 15:15
Heat: 2/3 Lane : 3 Athlete: ADAMS LOUISE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+					Heat:4, starttime: 15:25
Heat: 4/29 Lane : 2 Athlete: SAZONOV VICTOR					Q-time: 00:49:33
PB (25m pool): no time					PB (50m pool): 00:49.33 SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+					Heat:4, starttime: 15:25
Heat: 4/29 Lane : 3 Athlete: VANDERHALLEN JISSE					Q-time: 00:46:75
PB (25m pool): 00:56.50 Hoogstraten 29/09/2024					PB (50m pool): 00:46.75 SB: no time
	2 5 M	5 0 M			
PB		00:56.50			
	00:56.50				
					

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+					Heat:5, starttime: 15:25
Heat: 5/29 Lane : 3 Athlete: STABEL JONATHAN					Q-time: 00:42:63
PB (25m pool): 00:42.63 Herentals 17/05/2025					PB (50m pool): 00:43.23 SB: no time
	2 5 M	5 0 M			
PB		00:42.63			
	00:42.63				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: KST

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 15:30
Heat: 7/29 Lane : 3 Athlete: ADAMS MATHIS			Q-time: 00:40:56
PB (25m pool): 00:40.56 Nijlen 16/11/2025			PB (50m pool): 00:41.41 SB: 00:40.56 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:40.56	
		00:40.56	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:9, starttime: 15:30
Heat: 9/29 Lane : 4 Athlete: LEYSEN BENJAMIN			Q-time: 00:39:14
PB (25m pool): 00:40.96 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:39.14 SB: no time
	2 5 M	5 0 M	
PB		00:40.96	
		00:40.96	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:9, starttime: 15:30
Heat: 9/29 Lane : 6 Athlete: REYMEN RHUNE			Q-time: 00:39:49
PB (25m pool): 00:39.49 Antwerpen 12/10/2025			PB (50m pool): 00:44.03 SB: 00:39.49 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:39.49	
		00:39.49	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:16, starttime: 15:40
Heat: 16/29 Lane : 2 Athlete: STABEL JASPER			Q-time: 00:34:26
PB (25m pool): 00:34.26 Antwerpen 12/10/2025			PB (50m pool): 00:34.72 SB: 00:34.26 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:34.26	
		00:34.26	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: KST

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:21, starttime: 15:45
Heat: 21/29 Lane : 1 Athlete: DEBONDT MATS			Q-time: 00:31:72
PB (25m pool): 00:31.72 Antwerpen 12/10/2025			PB (50m pool): 00:32.26 SB: 00:31.72 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:31.72	
		00:31.72	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:00
Heat: 6/30 Lane : 5 Athlete: VAN GESTEL FRAN			Q-time: 00:32:83
PB (25m pool): 00:33.31 Turnhout 02/03/2025			PB (50m pool): 00:32.83 SB: no time
	2 5 M	5 0 M	
PB		00:33.31	
		00:33.31	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:00
Heat: 7/30 Lane : 5 Athlete: DIERCKX ASTRID			Q-time: 00:32:69
PB (25m pool): 00:32.69 Turnhout 02/03/2025			PB (50m pool): 00:33.33 SB: no time
	2 5 M	5 0 M	
PB		00:32.69	
		00:32.69	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:05
Heat: 9/30 Lane : 2 Athlete: VAN MECHELEN ZOë			Q-time: 00:32:18
PB (25m pool): 00:32.72 Nijlen 16/11/2025			PB (50m pool): 00:32.18 SB: 00:32.72 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:32.72	
		00:32.72	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: KST

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:14, starttime: 16:10
Heat: 14/30 Lane : 2 Athlete: BOEYKENS EMMA			Q-time: 00:30:96
PB (25m pool): 00:30.84 Mol 20/10/2024			PB (50m pool): 00:31.11 SB: 00:30.96 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:30.84	
	00:30.84		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:16, starttime: 16:10
Heat: 16/30 Lane : 2 Athlete: CAMPFORTS FIEN			Q-time: 00:30:51
PB (25m pool): 00:30.51 Arendonk 25/05/2025			PB (50m pool): 00:31.23 SB: 00:30.86 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:30.51	
	00:30.51		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:16, starttime: 16:10
Heat: 16/30 Lane : 3 Athlete: LAUWERS LOTTE			Q-time: 00:30:45
PB (25m pool): 00:30.33 Arendonk 04/12/2022			PB (50m pool): 00:30.59 SB: 00:30.45 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:30.33	
	00:30.33		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:18, starttime: 16:10
Heat: 18/30 Lane : 2 Athlete: LAUWERS SOFIE			Q-time: 00:30:13
PB (25m pool): 00:30.13 Sinbad 22/07/2025			PB (50m pool): 00:30.35 SB: no time
	2 5 M	5 0 M	
PB		00:30.13	
	00:30.13		
			

Coach feedback: